

# Station Vignette

You are a 4th year student on GP rotation

The GP has asked you to take a brief history from Sean, a 33-year-old male who has come into the practice. You usually see his wife who feels that her husband's behaviour has been out of character and generally overactive for the past 2 months.

#### TASK

You have a total of **7 minutes** to take a history.

This includes:

- History of presenting complaint
- Constitutional history
- Past medical history
- Medications history
- Social history
- Family history
- Focussed systems review

At the end of the allotted time, you will have **1 minute** to present an MSE to the examiner.

You do **NOT** need to complete a physical examination.

## **PATIENT INSTRUCTIONS**

Sean, 33 years old – married with no children
Graphic designer, quite successful at your job
<ul> <li>You are over-talkative in the conversation and often interrupt the doctor, asking if they want to hear about your website designs or your autobiography ideas.</li> <li>Speech is alightly guickened, tangential, ametional, dramatic</li> </ul>
Speech is slightly quickened, tangential, emotional, dramatic.
<ul> <li>For the past 3 weeks you have been arguing with your spouse because you are full of energy and "inspired".</li> </ul>
<ul> <li>You accept you are irritable at times but you do not think it is a particular problem.</li> </ul>
<ul> <li>You are designing a website for a major company and have a deadline. It is a bit stressful.</li> </ul>
<ul> <li>You have spent \$5000 in the past week on clothing because it makes you feel good.</li> </ul>
You have started writing an autobiography
• You sleep 3 hours maximum per night and feel refreshed.
• You have no formal psychiatric history but used to get depressed at university and took sertraline for two years on and off
• You did drugs occasionally in your 20s and drink alcohol socially.
You think your grandmother may have had a mood disorder
because she was in a psychiatric hospital a lot when you were a child but don't know more about it.

### EXAMINER QUESTIONS

1. You have **1 minute** to present an **MSE** based on your history.

#### **MARKING CRITERIA** – Case 4\_04\_05

Item	Criteria	Mark
Introduction	Hand hygiene	/3
	Appropriate introduction	
	Explains personal role and gains consent	
History	Leads with an open question	/11
	Establish duration of symptoms	
	Establish triggers/stressors/life events	
	□ Symptoms of mania/hypomania	
	Overactivity	
	Overspending	
	Reduced need to sleep	
	Increased energy	
	Elated mood	
	<ul> <li>Effect on life both personal and at work</li> </ul>	
	Explore impact on occupation and social life	
Screening other	Explore drug usage / substance misuse	/4
	Explore paranoia, hallucinations	
Other histories	Past medical hx	/4
	Previous psychiatric hx	
	Allergies	
	Family hx	
Social history	Smoking hx	/4
	Alcohol hx	
	Recreational drugs	
	Home environment	
Examiner task (MSE)	□ Appearance	/5
	□ Effect	
	Perception	
	Thought content	
	□ Insight	
	Cognition, judgement	
Communication skills	Appropriate questioning style	/4
	□ Actively listens to patient	
	Systematic approach to history taking	
	□ Appropriate conclusion and summary	
Global score	Overall impression of candidate based on warmth, clarity and	/5
	competence:	
	1 = fail	
	2 = borderline	
	3 = pass/expected	
	4 = good	
	5 = excellent Total	/39